



COVID-19 UPDATE – FOR ALL COMPETITIONS

Covid-19 is highly transmissible from person-to-person and readily spreads to close contacts of infected individuals. The most recent variant Omicron is the most contagious we have experienced. To ensure we are undertaking our social responsibility to safeguard our participants, Football SA has implemented the following precautions to reduce the risk of Covid transmissions in Clubs.

In South Australia a 'close contact' is defined as:

- a household member or intimate partner of a Covid-19 case during their infectious period
- someone who has had close personal interaction with a Covid-19 case during their infectious period:
 - for 15 minutes or more and
 - where masks are not worn and
 - in close physical proximity and
 - in an indoor setting
- someone who has been notified by SA Health that they are a close contact
- someone who has been to an exposure site during the exposure period for that site.

The current activity restrictions in South Australia are:

- Level 1 Restrictions
 - 1/2 density for indoor seated hospitality activities
 - 3/4 density for outdoor seated hospitality activities with standing consumption
 - 3/4 density for seated activities (not hospitality)
 - 1/2 density for non-seated activities (not hospitality)
 - No communal consumption facilities
 - 1/4 density (indoor fitness facilities) If fitness classes being held outdoors (1/2 density) LGA's cannot charge a fee to fitness instructors for the use of public parks (unless a current contract is in existence).
 - Seated food and beverage consumption for indoor defined public activities
 - COVID Management Plans required for events of more than 1,000 people
 - Shisha ban
 - Gathering at home cap: 50 (gatherings at residential premises, including residents of residential premises)
 - Masks for high risk settings
 - Masks for personal care services (except for the person receiving the service, if necessary for the provision of the personal care service)
- Additional restrictions
 - Masks for health care services (except for the person receiving the service, if necessary for the provision of the health care service)
 - Masks for passenger transport services
 - Masks for indoor fitness facilities (except while exercising)
 - Masks for shared indoor public places (except bridal parties during ceremonies)
 - Restrictions on dancing and singing.
 - Dancing is only permitted in dance studios or for wedding couples. It is not permitted in licensed premises or at any other function
 - Singing is permitted but when a person is singing indoors, they must wear a mask.

- COVID-Safe Check in
 - Businesses that conduct a defined public activity (which includes sport, *including training*, fitness or recreation activities).
- COVID Management Plan
 - An approved COVID Management Plan, approved by SA Health is required if there is more than 1,000 people reasonably expected to be present.

Further to the previous directive provided to Clubs on 4 February 2022 in relation to Covid-19 and the measures imposed to reduce the spread of the virus, Football SA provides the following directive update:

TRAIN OR PLAY

Changerooms / Wet Areas

- Access to changerooms is permitted;
- Face masks to be worn at all times;
- Teams are encouraged to 'Get-in/Get-out';
- Density requirements must be adhered to;
- No access for non-essential personnel such as spectators, media etc.

Juniors

- The Chief Public Health Officer (CPHO) has recommended that for 7 days (from the notification of the positive case in the classroom) classroom contacts should;
 - Avoid attendance at OSCH
 - Avoid attending school related extra-curricular-based activities (such as camps, excursions, interschool sport, choir etc. – noting most of these activities have been temporarily suspended until the end of Week 4).
- The CPHO has further suggested that to minimise the risk to others, for the next 14 days classroom contacts should consider;
 - Avoiding high risk settings or COVID Management Plan events;
 - Wearing a surgical mask around others (where age appropriate) and outside your home;
 - Avoiding contact with vulnerable people outside of your workplace or family, where possible;
 - Avoiding non-essential activities where possible (e.g. where there are lots of people, inside, in close contact);
 - Avoiding shared spaces and maintaining physical distance.
- Students can continue to attend organised sport if not symptomatic.

Hygiene

- Changerooms to be cleaned after each team's use;
- All players must have their own drink bottle, no sharing of bottles;
- No shaking of hands, participants are encouraged to use an alternate form of acknowledgment such as fist tapping;
- Hand sanitiser in all changerooms and located around key areas of the venue.

Good Practice Recommendations

- Arrive ready to train/play (already in kit);
- Avoid the use of changing rooms unless necessary (for example, for an injury which requires the player to utilise a trainer's table);
- Leave after training/trial matches and shower at home;
- Have all team meetings outdoors where possible, and in a sheltered outdoor area if weather is inclement;
- Players to wash own kits;

- Video analysis sessions to be conducted online via platforms such as Zoom or Teams.

VENUE

- All venues are required to have QR Codes for persons to check in. Please ensure these are located at the entrance and around key areas of the venue;
- All persons are required to wear a mask when indoors or unable to socially distance outdoors;
- Covid Marshalls are required at all public activities to ensure Covid measures are being adhered to (1 per team).

Further information on Covid Marshalls and their requirements can be found at the following link:

https://www.covid-19.sa.gov.au/_data/assets/word_doc/0020/277202/20210414-COVID-Marshal-Fact-Sheet-v10.docx

In addition to the above it is expected that Clubs will also undertake a risk analysis to ascertain whether they will introduce any further mitigation strategies in light of their own individual circumstances.

For the most up-to-date information regarding exposure sites or information on Covid-19, please visit www.sahealth.sa.gov.au